



INSPECTION REPORT











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365 GRAND PRIX

REGISTRATION

REGISTRATION is accessible on our website https://www.npcslovakia.com or directly through https://www.muscleware.com/contests/2024-FTCOGPX-REG/register



We would kindly ask you to pay attention to having your NPC Worldwide Membership completed, it means registered and payment covered so that you have a valid NPC membership number which is crucial to be successfully registered to any NPC contest.

In order to ensure a smooth registration/weigh-in, please bring the following:

- 1.Government Issued ID
- The copy of your payment confirmation for NPC membership and contest registration
- 3.Your posing music on USB (based on your category).



Show day

02.11.2024 (Saturday)

Registration on 01.11.2024 (Friday)



Venue

DoubleTree by Hilton Trnavská cesta 27/A, 831 04 Bratislava

Hotel website here.



Regiane Da Silva

Head Judge, Germany

Milan Čížek

Slovakia

Karolis Zilinskas

Lithuania

Rarald Schober

Austria

Beatrix Kaczur

Hungary

IMPORTANT INFORMATION

All the costs for travel, hotel accommodations, local transportation including airport transfers, as well as board (meals) are the responsibilities of the individual athletes.

Time difference:

BRATISLAVA is in the Central European Time (CET) zone (GMT + 1 hour)

Currency:

The national currency in SLOVAK Republic is (EUR). All major credit cards are widely accepted at most hotels, department stores, restaurants.

Electric current:

230 V, 50 Hz. Plugs and sockets of type C and E. Better to check at: http://www.worldstandards.eu

VISA:

Citizens of the EU as well as Iceland, Norway, Lichtenstein, and Switzerland don't need visa to enter the Slovak Republic. Passport or ID is required only. Other countries citizens may need a visa. A uniform Schengen (short-stay) visa allows its holder to stay in the Schengen Area for the duration identified in the visa, which can be 90 days at most. It is issued for one entry, two entries or multiple entries and as an airport transit visa. Information available at:

https://www.mzv.sk/web/en/visa-and-services/schengen-visa

An Official Letter of Invitation will be made available if required.

Please send us important information (athletes name, passport number, date of arrival and date of departure, the name of the hotel where you will stay in Bratislava).

Detailed information at:

https://www.mzv.sk/web/bangkok-en/services/schengen-visa-short-stay-visa Accommodation: https://doubletree-bratislava.sk or https://www.hotel-premium.sk/sk/

Tickets: https://www.npcslovakia.com

Backstage coach fee: 60 EUR (payment upon registration on MuscleWare).

Tanning - PRO TAN

Provided and serviced exclusively by ProTan Slovakia. ProTan team will be available for all participating athletes and you can secure your spot on our website www.npcslovakia.com right in the process of registering to the competition in the MuscleWare system. Of course necessary touch-ups and corrections will be available anytime, together with posing oil before stepping on stage.

Tanning with PRO TAN is compulsory.

CATEGORIES

Men's Classic Physique

- Class A up to and including 5'7" (170cm)
- Class B Over 5'7" up to and including 5'10"(178cm)
- Class C Over 5'10" (178cm)

Men's Bodybuilding

- Light weight up to including 75kg
- Middle weight over 75kg up to including 85kg
- Heavy Weight over 85kg

Men's Physique

- Class A up to including 170cm
- Class B over 170cm up to including 178cm
- Class C over 178cm

Women's Figure

- Class A up to including 166cm
- Class B over 166cm

Women's Wellness

- Class A up to including 166cm
- Class B over 166cm

Women's Bikini

- Class A up to including 163cm
- Class B over 163 up to including 168cm
- Class C over 168cm

All important category descriptions, rules and requirements can be found at https://npcnewsonline.com/

OVERALL WINNERS

Superfinals taking place after all above mentioned categories with all first place winners from which an overall • MEN'S BODYBUILDING winner of the concrete category will be announced.

- **FIGURE**
- MEN'S PHYSIQUE
- MEN'S CLASSIC PHYSIQUE